

THE FOUR R'S OF A SWITCH

<p>Responsibility</p> <p><i>Take personal responsibility for what happens, creating accountability and an internal locus of control.</i></p>	<p>Reality</p> <p><i>Work with what <u>does</u> happen not with what should happen.</i></p>
<p>Risk</p> <p><i>A switch can be anxiety provoking and ambiguous. You must overcome this to stay the course. No risk, no reward.</i></p>	<p>Resilience</p> <p><i>Understand the psychology behind a switch as it essentially involves a series of human interactions. Needed to maintain your motivation to persevere.</i></p>

THE FOUR R's & CAREER SWITCH SUCCESS

Responsibility	Responsibility	Responsibility	Responsibility	Responsibility
Reality	Reality	Reality	Reality	Reality
Risk	Risk	Risk	Risk	Risk
Resilience	Resilience	Resilience	Resilience	Resilience
No Action	No Direction	No Results	No Perseverance	Career Switch Success

NEED ALL FOUR R'S FOR SUCCESS

Willingness to Make a Career Change

Are you ready for a Career Switch? Circle from 0 to 5 your willingness- 0 meaning not willing at all to 5 meaning very willing.

1. Are you willing to lose money or accept a pay decrease? How much?
① ② ③ ④ ⑤
2. Are you willing to relocate?
① ② ③ ④ ⑤
3. Are you willing to take a lower position?
① ② ③ ④ ⑤
4. Are you willing to put daily effort into your goals and be disciplined?
① ② ③ ④ ⑤
5. Are you willing to live off of savings? How long?
① ② ③ ④ ⑤
6. Are you willing to make pursuing your goal a significant priority over other goals?
① ② ③ ④ ⑤
7. Are you willing to proactively network?
① ② ③ ④ ⑤
8. Are you willing to accept dead ends or rebufs without becoming frustrated?
① ② ③ ④ ⑤
9. Are you willing to give up time with friends, family, and hobbies?
① ② ③ ④ ⑤
10. Are you willing to give up control over your schedule or tasks in your new job?
① ② ③ ④ ⑤

Total Score: _____